

Multidisciplinary Professional Team

A multidisciplinary team is a group of health care workers who are from different disciplines comprising, at a minimum, a registered nurse and care manager who work for the AFC provider each providing specific services to the AFC member. The team members independently treat various issues a member may have, focusing on the issues in which they specialize.

The activities of the team are brought together using a **care plan**. This coordinates their services and gets the team working together towards a specific set of goals. The nurse and care manager will visit every month. Each member has a nurse and care manager team assigned to them who becomes the main point of contact for the member and caregiver.